

# TEEN



# MENU

TWISTBAR  
& BISTRO

Suitable for 12-17-year-old only. This menu is not suitable for adults.

All main courses come with a complimentary soft drink

## STARTERS

- Homemade Soup of the Day** (7,9) €4.00  
Served with a brown bread. (1,3,7)
- Twist to go Spicy Chicken Wings** (1,3,6,7,9,10,11,12) €6.00  
House sauce with a little kick, Cashel blue cheese dip, crispy celery bites
- Caesar Salad** (1,3,4,7,9,10,11,12) €6.00  
Baby gem, grilled prosciutto, focaccia croutons in light Caesar dressing topped with parmesan shavings.
- Chilled Melon Plate** €5.00  
With seasonal berry compote

## MAIN EVENTS

- Crispy Fried Union Quay Haddock** (1,3,4,7,9,10,12) €17.00  
Light crispy batter, tangy tartar sauce, hand cut chips, mushy peas
- Thai Red Vegetable Curry** (2,3,6,7,9,12) €14.00  
Lime leaf, ginger, chili, lemon grass and mixed vegetables with coconut infused basmati rice
- Chargrilled Prime Beef Burger** (1,3,7,9,10,12) €16.00  
Bandon Vale cheddar, grilled streaky bacon, Ballymaloe relish, hand cut chunky chips, house dip. Gluten free adaptable
- Roasted Vegetable Linguini** (1,3,6,7,9,12) €14.00  
Tossed in roasted garlic and chilli sauce with dressed rocket
- Cajun Chicken Burger** (1,3,7,9,10,12) €16.00  
Dressed leaves, garlic mayo, Ballymaloe relish, hand cut chunky chips, house dip
- Chefs Roast of the Evening** (7,9,12) €14.00  
With creamed potatoes and seasonal vegetables

## DESSERTS

- |  |   |
|--|---|
| <b>Lemon and White Chocolate Roulade</b> €5.00                           | <b>Jelly and Ice cream</b> €4.00              |
| Filled with tangy lemon curd, vanilla cream, shaved chocolate (1,3,7,12) | With chocolate sauce (7)                      |
| <b>Double Chocolate Fudge Cake</b> €5.00                                 | <b>Sticky Toffee Pudding</b> €5.00            |
| Cremona dairy cream, seasonal berry compote (6,7,8,12)                   | Cremona dairy cream, caramel sauce (1,3,7,12) |

### ALLERGEN INFORMATION

1. Cereals containing gluten 2. Crustaceans 3. Egg 4. Fish 5. Peanut 6. Soya beans 7. Milk/Dairy 8. Nuts 9. Celery 10. Mustard 11. Sesame seeds 12. Sulphur Dioxide 13. Lupin 14. Molluscs