

Light Bites



**TWISTBAR
& BISTRO**



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LIGHT BITES

The Light Bites menu is served
Mon-Sat, 2.30pm-5.30pm & Sundays, 3pm-5.30pm

Soup of the Day

€5.50

Served with a freshly baked bread roll
or farmhouse brown bread

1 7 8

Twist Seafood Chowder

Small €7.50 / Large €11.50

Local seafood and root vegetables
in a homemade cream served with
fresh farmhouse brown bread

1 2 4 7 14

Freshly made Sandwiches

Plain Sandwich

€5.00

Toasted Special

€5.50

Choose from the following fillings:
Roast ham, bacon, roast beef, tuna, chicken,
cheddar cheese, salad, sweetcorn, red onion

1 3 7 9

Reuben on Sourdough

€8.00

Corned beef, melted cheese, sauerkraut
and dressing served on sourdough with
a side of chips

1 3 7 9

Falafel Wrap

€7.50

Homemade falafel in a wholegrain wrap
with a red pepper hummus

1 10



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Tuna Melt

€7.50

Tuna and sweetcorn on sourdough topped with melted cheese and red onion

1 3 4 7 9

Cheese and Bacon Burger

€16.00

Beef burger on a brioche bun served with salad and chips

1 3 7 9

Roast of the Day

€16.00

Chefs choice of roast served with fresh market vegetables and a roast jus

1 7

Goujons and Chips

€16.00

Fresh goujons of chicken in a light breadcrumb served with salad and chips

1 3 7 9

Twist Salad

€12.00

Mixed baby leaves, sundried tomato, dried cranberry, feta cheese and pine nuts drizzled with a lemon dressing

7

Add chicken €3 / Add falafel €3

ALLERGEN LIST:

- 1 Cereals containing gluten 2 Crustaceans 3 Egg 4 Fish 5 Peanut 6 Soya beans
7 Milk / Dairy 8 Celery 9 Mustard 10 Sesame seeds 11 Sulphates 12 Nuts
13 Lupin 14 Mollusks

