

LIGHT BITES & SALADS

<p>Homemade Soup of the Day €7.00 Served with our own treacle bread (1a, 4)</p> <p>Twist Smoked Chicken Wings €12.00 Cashel Blue cheese dip, celery sticks, choice of Louisiana hot sauce or BBQ sauce (1a, 4, 10, 13)</p> <p>Roasted Beetroot Carpaccio (vg) €9.50 Orange, pistachio crumb, basil oil, balsamic (3f, 13)</p> <p>Caprese Salad (v) €12.00 Macroom buffalo mozzarella, plum tomatoes, basil oil, fresh basil, cracked pink peppercorns, Giusti balsamic, sourdough toast (1a, 4, 13)</p>	<p>Classic Caesar Salad €11.00 Baby gem, bacon, croutons, Caesar dressing (1a, 4, 7, 8, 12, 13) + Add Cajun chicken €5.00 + Add Clonakilty black pudding €3.00</p> <p>West Cork Charcuterie for Two €25.00 Gubbeen salami, Twomey's spiced beef, Skeaghanore smoked duck breast, Durrus smoked cheese, Milleens cheese, Bluebell Falls goat's cheese, Folláin spiced apple chutney, Baking Emporium breads, flavoured butters (1a, 4, 13)</p>
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SANDWICHES

+ Add soup for €5.00

<p>Irish Wagyu Steak Sandwich €22.00 Grilled Irish Wagyu, sauté mushrooms, pickled cucumber, caramelised onion & garlic mayo, Baking Emporium baguette, home cut chips (1a, 4, 7, 13)</p> <p>Twist Bistro Burger €20.00 8oz beef burger, baby gem, beef tomato, pickles, Gubbeen cheese, Folláin relish, sweet mustard, Baking Emporium bun, roasted jalapeno coleslaw, home cut chips (1a, 4, 7, 12, 13)</p>	<p>Banh Mi Chicken Wrap €12.00 Grilled chicken, pickled vegetables, cucumbers, scallions, spicy mayo, coriander, spicy dipping sauce (1a, 7, 13)</p> <p>Twist Bistro Toasted Special €12.00 Baked ham, West Cork cheddar, Folláin tomato relish, red onion, roasted jalapeno coleslaw, home cut chips (1a, 4, 7, 13)</p>
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MAINS

<p>Steak Frites €26.00 7oz angus rump steak, home cut chips, creamy peppercorn sauce (4, 13)</p> <p>Roast of the Day Please ask your server Served with buttery mash and roast root potatoes</p>	<p>Crispy Fried Haddock €22.00 Fresh Atlantic Cod, light crispy batter, tartar sauce, mushy garden peas, home cut chips (1a, 4, 7, 8, 13)</p> <p>Haloumi Caponata (v) €19.00 Pan-seared haloumi, roast bell pepper and aubergine caponata, gremolata (4, 9, 13)</p>
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SIDES

<p>Creamy Mash (4) €4.00</p> <p>Home Cut Chips €4.00</p> <p>Corn Ribs (4) €6.00</p> <p>Crispy Onion Rings (1a, 4, 7) €4.00</p>	<p>Tender stem & Green Beans with Almond Butter (3a, 4) €6.00</p> <p>Roast Root Vegetables €5.00</p> <p>Baby Leaf Salad (13) €4.00</p>
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ALLERGEN KEY: 1 Gluten (A – Wheat, B – Spelt, C – Khorasan, D – Rye, E – Barley, F – Oats) • 2 Peanuts • 3 Nuts (A – Almonds, B – Hazelnuts, C – Cashews, D – Pecans, E – Brazil, F – Pistachio, G – Macadamia, H – Walnut) • 4 Milk • 5 Crustaceans (A – Crab, B – Lobster, C – Crayfish, D – Shrimp) • 6 Mollusc • 7 Eggs • 8 Fish • 9 Celery • 10 Soya • 11 Sesame Seeds • 12 Mustard • 13 Sulphur dioxide & sulphites • 14 Lupin

Whilst every care is taken to ensure our dishes do not contain allergens other than listed for each dish, traces of other allergens may be present due to the nature of our kitchens and operations. Please advise our team members of any dietary requirements you might have.

LUNCH

Eoin O'Connor

Executive Head Chef



**TWISTBAR
& BISTRO**