



*Revive@*  
**CLONAKILTY PARK  
LEISURE CLUB**



## Massage

### Holistic Swedish Massage

This firm, flowing and healing massage relieves stress and calms and relaxes the mind and body.

60min	€75
30min Back Massage	€50

### Dr. Hauschka Aromatic Body Massage

Ease away your worries and experience a complete sense of well-being. Following a consultation, your therapist will use a blend of oils to suit your specific needs.

60min	€80
30min Back Massage	€55

### Hot Stone Massage

Warm basalt stones are placed on the body to relieve muscle tension and restore energy points. This massage reduces stress, anxiety and promotes well-being.

60min	€80
30min	€55

### Ear Candling

The ear candles induce a revitalising heat upon the head and ears, which soothes, relieves and relaxes. It is a deeply relaxing and calming treatment in cases of anxiety and stress. Scalp treatment included.

60mins	€65
45mins	€55

### Indian Head Massage

Using soft tissue massage techniques in the upper back, neck, shoulders, arms and scalp, this massage helps to relieve migraines, headaches or sinus congestion.

45min	€60
30min	€50

### Ultimate Face & Body Treatment

Experience the perfect treatment duo, a revitalising back massage and regenerating booster facial.

60mins	€80
90mins	€110

### Mum to be

The goal of a prenatal massage is to relieve discomfort and stress by using safe, gentle techniques that target typical problem areas, and improve circulation (suitable after 12 weeks)

Full body Back	€80 €55
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### Just for him

Begin with a coconut & vanilla back exfoliation followed by hot oil back neck and shoulder massage. Includes a scalp massage or foot massage.

50mins	€70
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**Clonakilty Park Hotel  
guests & members enjoy**

**10% OFF  
all treatments**

**CONTACT ORLA**, call or text to book, by appointment only, Wed - Sun

Can tailor packages to suit your needs. Cancellation policy 24 hrs notice is required or a fee may be charged.

**087 9391 061 orlaatrevive@gmail.com**

## Facials

### The Ultimate Signature Treatment

The ultimate facial journey begins with a revitalising sage foot bath followed by relaxing aromatic foot and leg massage. Herbal compress, cleansing mask and brush lymph stimulation revitalises and hydrates the face (suitable in pregnancy).

75mins

€90

### Booster Facial

This treatment is ideal for busy people who have not had an opportunity to have a facial in a while. Awaken tired and sluggish skin with a thoroughly soothing and revitalising treatment.

50mins

€65

### Pro30 Facial

P30 is an all-in-one facial treatment that helps to smooth and diminish visible signs of aging. Experience brighter and healthier skin.

30mins

€50

### Pro60 Facial

This facial incorporates exfoliating hydra dermabrasion to improve the texture and tone using high quality products to brighten skin and boost collagen production. Highly advanced professional grade activities for deep treatment.

60mins

€80

### Teen Facial

Your facial starts with a double cleanse followed by exfoliation to slough off the dead skin cells to help keep your skin bright and clear. We finish with a mask best suited to your skin.

30mins

€45

## Grooming

### Luxury Pedicure

Indulge yourself with this wonderful relaxing treatment where your feet and mind are thoroughly pampered and restored. Exfoliation, massage, cuticle work, heated booties, file and paint. Please bring open toe shoes.

1 hour

€60

include callus peel €70

### Luxury Manicure

During this luxurious treatment, we revitalise your hands by soaking, shaping, cuticle work, massage and OPI paint.

45mins

€45

### Princess Package

Mini Pedicure and Mini Manicure, file and polish on both hands and feet.

20mins

€25

### Make-Up Application

€45



Revive offers two skincare brands: Dermologica and Dr. Hauschka. Orla will discuss which brand is best for your skin type.

Dr. Hauschka



dermalogica®

CONTACT ORLA: 087 9391 061 orlaatrevive@gmail.com