

MENU

TWISTBAR &BISTRO

#### **STARTERS**

# Homemade Soup of the Day 7,9,12

Served with brown bread 1,3,7

€6.25

## Union Hall Creamy Seafood Chowder 2,4,7,9,14

Served with home baked Guinness bread 1.3.7

€12.00

# **Twist Spicy Chicken Wings**

House sauce with a little kick, Cashel blue cheese dip, crispy celery bites 1, 3, 7, 9, 12

€10.50

# Smoked Salmon, Crab and Avocado Tartare

Served with mixed leaves, pomegranate, beetroot, roasted seeds, honey & mustard vinaigrette, lemon & herb oil, croutons 1, 2, 4, 12

€14.50

# **Clonakilty Black Pudding & Apple Tart**

Served with mixed leaves, pomegranate, roasted seeds, beetroot & house vinaigrette 1, 3, 8, 9, 10

€10.00

#### **Herb Crusted Brie**

Served with superfood salad & cranberry sauce 1,3,7

€12.00

#### Caesar Salad

Baby gem, grilled prosciutto, focaccia croutons in a light Caesar dressing topped with parmesan shavings 1, 3, 7, 9, 10, 11, 12

Starter €9.00 | Main €14.00

Add cajun chicken €4.00

## **West Cork Scallops**

Three scallops cooked in their own shell, in a white wine sauce, herb crust, buffalo mozzarella 1, 2, 4, 7, 12

€ 14.00

# **Superfood Salad**

Mixed leaves, pomegranate, beetroot, nutritional yeast, apple, roasted seeds, honey & mustard vinaigrette, balsamic glaze 8,10 (vg)

€11.50

Add grilled haloumi cheese €4.00

## **SOMETHING SUBSTANTIAL**

# Crispy Fried Union Hall Haddock

Light crispy batter, tangy tartar sauce, hand cut chips, mushy peas 1, 3, 4, 7, 12

€19.00

# Thai Vegetable Red Curry

Lime leaf, ginger, chilli, lemongrass, mixed vegetables with basmati rice (vg) 6, 9, 12

€16.00

Add Thai lemon chicken €5.00 | Add prawns 2 €7.00

# Spicy King Prawn Linguini

Tossed in a rich tomato & chilli sauce, finished with fresh basil, lemon, pepper 1, 2, 3, 12

€22.00

#### Fettuccine Alfredo

Creamy parmesan sauce, fettuccine pasta and vegetable ratatouille 1, 3, 7, 9, 12

€17.00

Add chicken €5.00

# **Honey Glazed Salmon**

Served with roasted vegetables, baby potatoes, creamy lemon sauce 4, 7, 9, 12

€21.00

# Marinated Supreme of Shannon Vale Chicken

With garlic and parmesan sauce, served with creamy mash potato and honey roast vegetables 7, 9, 12

€21.50

#### **Guinness Braised Irish Beef Short Ribs**

Served with colcannon mash potato, honey roasted vegetables and brewing jus 7, 9, 12 €20.00

## Wild Mushroom & Quinoa Risotto

Served with roasted seasonal vegetables (vg) 12 €17.00

Daily specials available, please ask your server.

## **STEAKS & BURGERS**

Our steaks are served with roasted cherry tomatoes, fried mushrooms, onion puree and hand cut chunky chips.

Gluten free adaptable.

CHOOSE FROM: Peppercorn Sauce 7, 9, 12 · Garlic Butter 7

Irish Hereford Prime 10 oz Sirloin Steak 3

€30.00

Irish Hereford Prime 8 oz Ribeye Steak 3

€29.00

## Surf 'n' Turf 2,3

Add prawns to either of the above steak options to create Surf 'n' Turf
Add €7.00

## Irish Hereford Prime Beef Burger 1,3,7,9,10,12

Bandon Vale cheddar, grilled streaky bacon, Ballymaloe relish, hand cut chunky chips, house dip.
€19.00

#### **SIDES**

Creamy champ potato 7,12	€4.00
Hand cut chunky chips 1	€4.25
Fresh market vegetables	€4.25
Sweet potato fries	€4.75
Dressed green leaves	€4.00

# **TEEN MENU AVAILABLE**

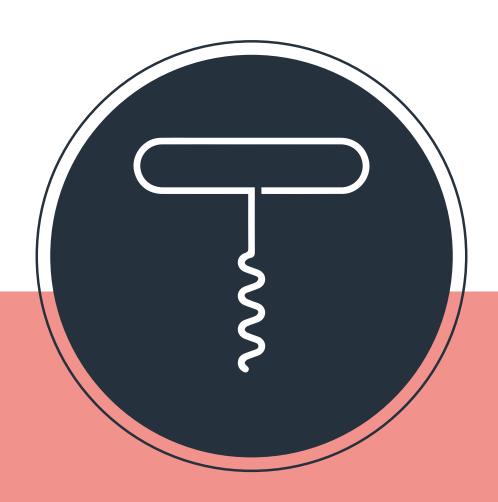
Complimentary soft drink with every main course

# TWIST TO GO

Menu available to go from 7.30pm - 9.00pm daily. Holiday Home & Apartment Residents Only.

ALLERGEN INFORMATION: 1. Cereals containing gluten 2. Crustaceans 3. Egg 4. Fish 5. Peanut 6. Soya beans 7. Milk/Dairy 8. Nuts 9. Celery 10. Mustard 11. Sesame seeds 12. Sulphur Dioxide 13. Lupin 14. Molluscs

# **Dinner Menu**



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