Executive Head Chef: Cristian Piontcovschi

### LUNCH

TWISTBAR &BISTRO

#### **STARTERS**

Homemade Soup of The Day 7,9

Served with brown bread 1, 3, 7 €5.50

Union Hall Creamy Seafood Chowder 2, 4, 7, 14 Served with home baked Guinness bread 1, 3, 7 €8 25

**Twist Spicy Chicken Wings** 

House sauce with a little kick, Cashel blue cheese dip, crispy celery bites 1, 3, 7, 9, 12 €9.50

**Oak Chipped Smoked Irish Salmon** 

Lemon aioli, caper berries, sweet red onion, brown bread 1, 3, 4, 7, 10 €11.50

#### **SALADS & SANDWICHES**

#### **Chicken Caesar Wrap**

Shannon Vale chicken, baby gem, grilled prosciutto, focaccia croutons, a light Caesar dressing topped with parmesan shavings 1, 3, 4, 6, 7, 9, 10, 12 Served hot or cold

€**8.50** 

Add cajun chicken €2.00

#### **Twist Toasted Special**

Timoleague ham, Bandon Vale cheddar, onion relish, crunchy batch bread, salad garnish, hand cut chunky chips, house dip 1, 3, 6, 7, 10, 12 €9.75

#### **Chargrilled Chicken Focaccia**

Thai lemon chicken with roasted courgettes, bell peppers, sweet chilli mayonnaise 1, 3, 6, 7, 10, 12 €7.50

#### **Caesar Salad**

Baby gem, grilled prosciutto, focaccia croutons in light Caesar dressing topped with parmesan shavings 1, 3, 4, 7, 9, 10, 11, 12 €11.50

#### **Superfood Salad**

Mixed leaves, pomegranate, beetroot, nutritional yeast, apple, roasted seeds, with a honey & mustard vinaigrette, balsamic glaze 9,11 €13.50 MENU

Mon. - Sat., 12.30pm - 5pm Sun. 3.30pm - 5pm

LE

SI

#### SOMETHING SUBSTANTIAL

#### **Crispy Fried Union Hall Haddock**

Light crispy batter, tangy tartar sauce, hand cut chips, mushy peas 1, 3, 4, 7, 9, 10, 12 €16.00

#### **Irish Hereford Prime Beef Burger**

Bandon vale cheddar, grilled streaky bacon, Ballymaloe relish, hand cut chunky chips, house dip. Gluten free adaptable. 1, 3, 7, 9, 10, 12 €17.00

#### **Creamy Wild Mushroom & Spinach Tagliatelle**

€14.50 Add Chicken 1, 8, 11, 7 €2.00

Chef's Seasonal Special Please ask your server

**Catch of the Day** 

Please ask your server

#### **SIDES**

Creamy champ potato 7,12	€3.50
Sweet potato fries	€4.00
Hand cut chunky chips 1	€3.75
Dressed green leaves	€3.75
Fresh market vegetables	€3.50

#### **DESSERT MENU**

#### Warm Apple & Seasonal Berry Crumble

Sauce anglaise, vanilla bean ice-cream 1, 3, 7, 12 €6.00

#### **Double Chocolate Fudge Cake**

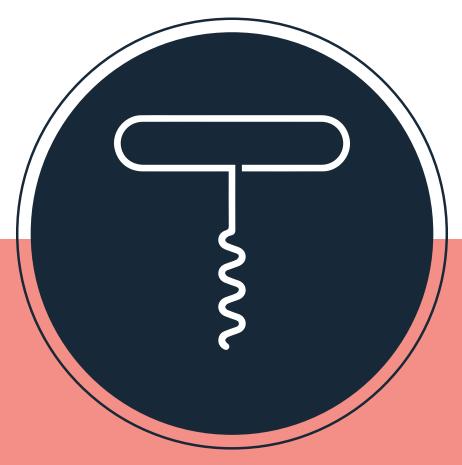
Cremona dairy cream, seasonal berry compote 6, 7, 8, 12 €6,00

#### **Raspberry and Vanilla Crème Brûlée**

Vanilla and raspberry custard topped with carmelised brown sugar 3, 7 €6.00

ALLERGEN INFORMATION: 1. Cereals containing gluten 2. Crustaceans 3. Egg 4. Fish 5. Peanut 6. Soya beans 7. Milk/Dairy 8. Nuts 9. Celery 10. Mustard 11. Sesame seeds 12. Sulphur Dioxide 13. Lupin 14. Molluscs

# Lunch Menu



## TWISTBAR &BISTRO