

Mon. – Sat., 12.30pm – 5pm Sun. 3.30pm - 5pm

STARTERS

Homemade Soup of The Day 7,9 Served with brown bread 1, 3, 7

€5.50 €8.25

Union Hall Creamy Seafood Chowder Served with home baked Guinness bread 2, 4, 7, 14

prosciutto, focaccia croutons, a light Caesar

dressing topped with parmesan shavings.

Served hot or cold 1, 3, 4, 6, 7, 9, 10, 12

Twist Spicy Chicken Wings €9.50 House sauce with a little kick, Cashel blue cheese dip, crispy celery bites 3, 6, 7, 10, 11, 12

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Oak Chipped Smoked Irish Salmon €11.50 Lemon aioli, caper berries, sweet red onion, brown bread 1, 3, 4, 7, 10

SALADS & SANDWICHES

Chicken Caesar Wrap Shannon Vale chicken, baby gem, grilled

€8.50

€9.75

€7.50

€11.50

€13.50

€14.50

€2.00

€6.00

LE

SI

Baby gem, grilled prosciutto, focaccia croutons in light Caesar dressing topped with parmesan shavings 1, 3, 4, 7, 9, 10, 11, 12

Superfood Salad

Caesar Salad

Mixed leaves, pomegranate, beetroot, nutritional yeast, apple, roasted seeds, with a honey & mustard vinaigrette & balsamic glaze 9,11

Twist Toasted Special Timoleague ham, Bandon Vale cheddar, onion

relish, crunchy batch bread, salad garnish, hand cut chunky chips, house dip 1, 3, 6, 7, 10, 12

Chargrilled Chicken Focaccia

Thai lemon chicken with roasted courgettes, bell peppers, sweet chilli mayonnaise 1, 3, 6, 7, 10, 12

SOMETHING SUBSTANTIAL

Crispy Fried Union Hall Haddock

Light crispy batter, tangy tartar sauce, hand cut chips, mushy peas 1, 3, 4, 7, 9, 10, 12

Chargrilled Hereford Prime Burger

Served with smoked bacon, aged cheddar, crisp leaves, chunky chips and house relish 1, 3, 7, 9, 10, 12

& Spinach Tagliatelle Served with garlic bread Add Chicken 1, 8, 11, 7 **Chef's Seasonal Special**

Please ask your server

Catch of the Day

€16.00 Creamy Wild Mushroom

Please ask your server

SIDES

Champ potato 7,12 Sweet potato fries 1, 12 €3.50 Hand cut chunky chips 1, 12 €3.75 €4.00 €3.75 Dressed green leaves

Raspberry and Vanilla Crème Brûlée

DESSERT MENU

Warm Apple & Seasonal Berry Crumble €6.00 Vanilla bean anglaise, honeycomb ice-cream

Vanilla and raspberry custard topped with 1, 3, 7, 12 carmelised brown sugar 3.7

Double Chocolate Fudge Cake

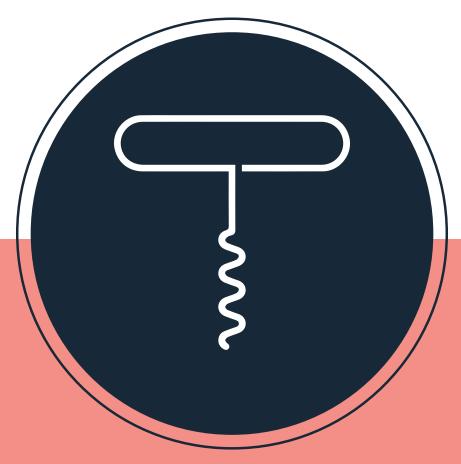
Cremona dairy cream, seasonal berry compote

ALLERGEN INFORMATION 1. Cereals containing gluten 2. Crustaceans 3. Egg 4. Fish 5. Peanut 6. Soya beans 7. Milk/Dairy 8. Nuts 9. Celery 10. Mustard 11. Sesame seeds 12. Sulphur Dioxide 13. Lupin 14. Molluscs

€6.00

€14.50

Lunch Menu



TWISTBAR &BISTRO